



Jewish General Hospital  
Lady Davis Institute for Medical Research

## Employee Perks

Prepared by Olayemi Ajala | Nov 2023

## Exclusive programs offering discounts, rewards and benefits for LDI employees.



The Perkopolis program enables all CIUSSS employees to enjoy unique discounts in entertainment, fashion brands such as Foot locker, Lole, Moore's; travel, car rentals and much more, as well as gift cards, enhanced insurance benefits and other value-added bonuses.


### [Employee Benefits Program](#)

How do I register?

Only employees have access to perkopolis, including casual and availability staff.

Use your CCOMTL, or @ladydavis business email address. If you have a @mcgill.ca, please contact the Employee Engagement and Recognition Program team at [engagement.ccomtl@ssss.gouv.qc.ca](mailto:engagement.ccomtl@ssss.gouv.qc.ca) to obtain your access code. You'll receive an email with a link to activate your account.

### To learn more about this employee discount Perkopolis program

- See  [the PDF document](#)
- Visit  [Perkopolis](#)



### ROGERS Preferred Program

Public sector employees can save up to \$360 per year with the Rogers Infinite plans.

-  [Offer to the public sector](#)





### TELUS Exclusive Partner Program

Our CIUSSS's employees and their family are eligible for corporate discounts.

-  [Offer to CIUSSS' employees](#)




### Bell Exclusive Partner Program

-  [Exclusive Offers](#)
-  [Procedures](#)

@ladydavis domain is recognized, anyone using a personal or @mcgill email can still download a special ID from Bell by providing valid proof of employment includes IDs, badges, work schedules, letters of employment.





### Marriott Montreal Midtown: Preferred rate.

- For more information about the hotel's services and preferred rate,  [see this PDF](#).



### Recharjme

Each soundproof booth includes a heated, zero-gravity massage chair with various relaxation programs and a luminotherapy lamp. Booking a reservation is free and easy with the *Recharjme* app, which you can download via  [Google Play](#) or the  [Apple App Store](#).

The *Recharjme* booths can be found at: **Jewish General Hospital:**

- Carrefour Lea Polansky (Pav K Food Court)
- ICU hallway
- ED staff lounge.



### Restaurants on Chemin Cote Des Neiges

Boustan, Arahova, Poulet Rouge and other restaurants on cote des neiges street offer employees 10% discount when you present your employee badge.



**LifeWorks**  
by Morneau Shepell

## **Employee Assistance Program (EAP)**

### **Counselling Services**

#### **Employee Assistance Program**

The EAP is a confidential and voluntary service for all staff members and their families. Access your EAP, 24 hours a day, 7 days a week, by phone, on the web or through your mobile device.

- 1-800-361-2433

#### ***LifeWorks Platform - An online tool for your wellness accessible in continuous***

This platform is a self-assessment tool that enables you to adjust many areas of your life and to obtain referrals to professional counsellors, or legal or financial specialists, and advice from community organizations, if necessary. The customizable and independent experience will allow you to support your own mental, physical, social and financial well-being through online access, 24 hours a day, 7 days a week.

- For more information about this platform: [🌐 https://lifeworks.com/en](https://lifeworks.com/en)
- For more information on how to register for LifeWorks, [🌐 visit the CIUSSS intranet site.](#)